



Make sure you are prepared at home

- > Create a safe environment
 - Bolt, anchor, strap
 - Utility control
- > Have a plan
 - Out-of-area contact number
 - Local emergency contacts/helpers
- > Store food, water, & other critical supplies

Emergencies vs. Disasters

- Emergencies generally can expect outside help from first responders
- Disasters expect to be your own first responder(s) – may not have help from outside agencies for days



www.kingcounty.gov/linksbyzip

> Information for 98___- City/Unincorporated Area

9-1-1 is for emergencies only: Call 9-1-1 only if you need an immediate response from police, fire or medics.

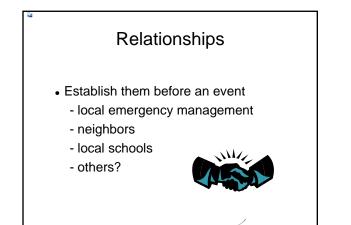
- > Utility Companies
- > Police
- Fire and EMS
- > Roads, Transportation and Traffic
- > Health and Human Services
- > Other Services

What might happen at vour site?

- > Know what events your site is vulnerable to
- > Be aware of initial response to different events
- > Be prepared for essentials after all events
 - Communication
 - · Life safety
 - Ongoing basic needs water, food, elimination, etc.
 - Shelter-in-place vs. EVACUATION

WHERE COULD YOU GO IF YOU HAD TO LEAVE YOUR SITE?







Additional Considerations for Children with Special Needs

- Create written plan for child around routine and emergency needs. Use resources for general information, but tailor plan to child's individual situation.
- > Organize 'personal support network' around child – people familiar with child and aware of child's needs/plan of care.
- Ensure that crucial supplies are available everywhere the child spends time. Include plan/instructions, medications, and any special equipment.

It's Also Worth Remembering:

Children take their emotional cues from adults - so *how* we talk about disaster is important



Talking about potential traumatic events can bring up past life experiences for people – especially traumatic ones

Take care of yourself - remember to breathe

Schools, child care, and other early learning and support programs are <u>vital</u> to the community



What you do *everyday* is so important

After an event, your preparation

- Allows parents/guardians to return to work and keep community functioning
- Provides a sense of "normalcy" to the children in your care

Preparedness is an ongoing activity

Supplies expire... Staff change... Families change... People forget...

Prepare as a community. We're all in this together.



Share your stories!

We love your to hear about your lessons learned and good ideas!



Helpful Websites

- > www.seattle.gov/emergency/
- Seattle Emergency Management
- > www.kingcounty.gov/health/childcare
 - Child Care Health Program
- http://emd.wa.gov/
- WA State Emergency Management Division
- <u>http://www.fema.gov/</u>
- > http://www.redcross.org/
- http://www.pnsn.org/recenteqs/latest.htm
 - Pacific NW recent earthquakes

Presenter Information

Seattle Emergency Management

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